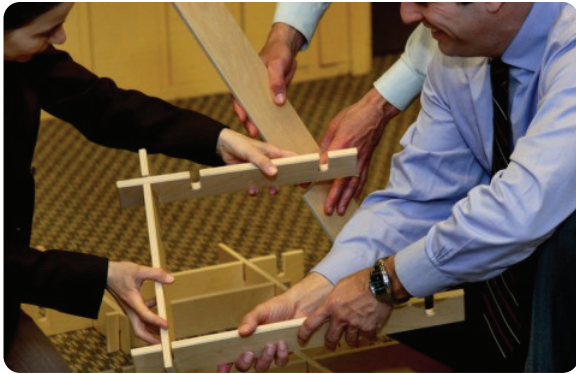


# MYERS-BRIGGS (MBTI®) UNDERSTANDING PERSONALITY TYPES



The Myers-Briggs Type Indicator® (MBTI®) is the world's most widely used personality inventory and has been used by thousands of organizations in a variety of ways from enhancing personal productivity to conflict resolution.

The use of this powerful tool moves beyond awareness and "tolerance" of differences, and focuses on LEVERAGING those differences -- to gain diversity in discussion, efficiency and effectiveness in actions, and result in more complete decisions and strategies.

## BENEFITS & RESULTS:

- Increase productivity by aligning an individual's preferences to particular team tasks.
- Supply a common framework in which team members can better understand and manage communication, problem solving and team culture.
- Identify team assets and potential blind spots.
- Provide a positive language with which to discuss overcoming differences.
- Provide efficient problem solving by utilizing all the preferred functions.

## IN THE MBTI® WORKSHOP YOU WILL:

- Learn how to create a high-performing team by leveraging each of the MBTI® preferences
- Learn a powerful decision making model that utilizes all of the team's MBTI® preferences
- See the value in what each person's type brings to the table
- Discern what are people's preferred ways of giving and receiving communication
- Engage in experiential activities that help people stay engaged and give people a chance to see different styles in action.
- Learn to predict future team behavior based on what types are on your team

## HOW LONG IS THE PROGRAM?

Typical sessions vary from half-day, one-day or two day

## WHAT'S THE IDEAL GROUP SIZE?

5 - 100

## SPACE REQUIREMENTS:

Tables and chairs for each participant. Room for the Trainer to navigate the room comfortably during the event.

## IDEAL USE:

- Company reorganization/relocation
- Management seminars/retreats