

“The team had a blast playing the drums. The facilitator and his assistant were great interacting with the group and making sure that everyone was involved ... Everyone had a great time. Many thanks.”

A.L. – EMD SERONO

DRUMMING UP A TEAM

Experience the Rhythm of Teamwork!

Benefits & Results:

- Builds morale
- Fosters camaraderie
- Promotes connection and harmony
- Improves employee retention
- Provides stress relief
- Expands creative energy

An Unforgettable Team Building Event!

Nuts and Bolts:

- We provide drums for all participants and drumming facilitators to lead the sessions
- All participants play percussion together
- No prior experience is required
- All programs are customized

The Program:

Corporate drumming offers more than a wonderful opportunity to engage and energize teamwork and harmony. It is a team building activity with proven benefits in increasing employee satisfaction, loyalty and productivity while decreasing stress.



With TeamBonding leading the way, your team will experience an unforgettable surge of energy and enthusiasm that is natural and rejuvenating. Suitable for groups of any size, *Drumming Up A Team* maximizes the opportunity to harness the power of a group in sync. Imagine your whole organization making music together — music that represents the harmony of teamwork and collaborative effort. No prior musical experience is needed to participate.

How it Works:

Each participant receives a drum or percussion instrument. With instruments in hand, it is impossible for participants not to be engaged. The rhythm draws everyone in. As music is played, individuals come together and develop a common language and tap in to a communal energy that breaks down social barriers and inspires unity.

Continued

Drumming Up A Team uplifts and inspires your team by uniting them in rhythm of the music. The universal language of music bonds people together in a truly interactive program!

DRUMMING UP A TEAM cont.

Our drumming leader is a professional, praised by Grateful Dead drummer, Mickey Hart, as “the Johnny Appleseed of rhythm-based music therapy.” He will tap your team’s creative energy while tying the music to your company’s purpose and content.

Led by our leader, the group sits in a circle and participates together in a variety of unifying activities. As the group rhythm builds, the leader uses metaphors to illustrate the collaborative magic of making music together. The concepts of listening, community building, connecting, and having fun all come to life in a natural form.

The efforts of the group are tangible, as the rhythmic music resonates and establishes connections that seem deeper and more meaningful as they work together, unified in artistic expression. *Drumming Up A Team* is a team building experience that your group will remember for years to come!

Ideal Usage:

Drum experiences can be used as part of an integrated team building experience or as shorter energizers.

Group Size:

This program works well for groups as small as 8 to 10 people and as large as hundreds of participants.

Program Length:

Typically 1 to 2 hours.



Space Requirements:

This is a flexible program suitable for indoor or outdoor involvement. Participants sit on chairs, on the floor/ground or in theater seats.

FACT:

Toyota’s Associate Development Manager, Ron “R.J.” Johnson, says drumming is “a powerful metaphor for high-performance learning, and what those high-performance teams can look like.” Toyota recently spent \$20,000 to outfit a drumming room on the top floor of its training center in Torrance, CA. Drum circles are held about twice a week, and more than 3,000 Toyota associates have participated in drum circles.