

## TeamProv Comedy Improv Training

### Primary Benefits:

- Team Building
- Risk Taking
- Humor in the Workplace
- Morale booster

### Secondary Benefits:

- Camaraderie
- Communication
- Brainstorming

**The Activity:** Today's typical corporate structure is designed for efficiency. Surprises are to be avoided. All moving parts must mesh together smoothly. But in building the perfect machine, spontaneity and creativity can sometimes suffer. After all, how can anyone be expected to think outside the box if they're trapped inside a box?

TeamProv is a multi-dimensional program that works to strip away old, confining modes of thinking. The big idea here is to directly and effectively challenge the "cubicle mentality" that discourages truly innovative thinking.

Through a series of fun-filled games and improvisational challenges, TeamProv encourages and celebrates original thinking, all while stimulating "dynamic creation." It all boils down to problem solving and the power of teamwork. Fortunately, this sort of thing strikes most people as a refreshing change from their normal work experience. An example of the challenges themselves – brain teasers like Kaleidoscope, Mutations and Pitch-n-Catch – are so engaging that participants tend to forget that they're actually learning something important and powerful.

So many of our responses are predictable and automatic. Mary from Accounting says "Good



morning," and you reply "Good morning, Mary." Dull. Uninspired. We can do better than that.

A better response? "Thanks Mary. Let's have a great day. How can we make that happen?" Sure, this may sound a bit unusual. But the goal here is to de-program your people from reflexive responses. Typical responses engender typical, mundane thinking. Get your people out of autopilot mode, and you clear the way for breakthrough thinking in every facet of your company's operation.

Remember – if you can think on your feet, you can also do it at your seat.

Customized to your organization: As with all Teambonding events, we'll be delighted to customize the theme and content of this program to support your specific goals, agenda and/or event theme. See – we actually apply the same creativity, flexibility and improvisation that we teach so effectively!

**Minimum/Maximum Group Size:** This program can successfully accommodate up to 54 participants. Have more than 54 people you'd like to jump-start? We'll organize this as a series of events so nobody has to miss out.

**Program Length:** Approximately two and a half hours.

**Space Requirements:** Works well in any comfortable space with good lighting and enough seating for your group.