

Fare to Share

Fare to Share allows corporate groups to partake in an exhilarating team experience that culminates with a meaningful and worthwhile donation of food to people in need. Your group will cook and eat food they prepare during the event, but the program also allows for a 3-pronged donation to area food banks:

1. Hot food donation to area soup kitchens
2. Sandwich/snack donation for delivery to food drop-off sites
3. Food pantry donation of “Food Bag” to families in need

To put this important donation into perspective and to help the participants better comprehend the nature of the issues of hunger and homelessness in the US, the activity begins with a brief quiz on hunger and homelessness. This quiz is a critical component of the entire activity. It provides a context for the donation, and an illustration of how surprisingly prevalent the issue of hunger is in today’s society.

Each team will select their answers. Facilitators will then review the quiz, reveal the answers and include the references to sources for the food and hunger facts. Teams that receive the highest number of correct responses will be noted, and if there is an overall competition, these results may be utilized as part of this scoring.

The following are the key components to a Fare to Share program. Each of the three components will have a minor competition element so there can be three “winners” from each of the components:

1. The Cooking Competition involves cooking and preparing a hot food donation which includes appetizers to be consumed by



participants during the event, as well as the hot food donation that will be donated to a local soup kitchen. With some guidance and lots of creativity, cooperation, and panache, they will compete to see which group prepares the “best” dish in the eyes of our culinary judges.

Competition Element: Lead Chef will choose a winner based on taste and presentation.

2. The Great PB & J Challenge. In this activity, the groups will work together to make and package up to 20 peanut butter and jelly sandwiches per group, which will be distributed at a local soup kitchen or street food distribution program.

Part of the challenge is that the participants will make their own peanut butter! They will be provided with all the ingredients and equipment needed, and must accomplish this task along with the other challenges, so they must strategize who will work on this, and who will work on other items that are part of the session.

As they complete the sandwiches, they will package them in a sandwich bag along with other nutritious snack items to be distributed at soup kitchens and/or local

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food programs. As an option, they may put stickers on them that read “Please Enjoy This Sandwich, as a Gift from the Employees of (company name)”.

Competition Element: teams will compete to shell an entire bag of peanuts the fastest while preparing to make their own peanut butter!

3. Food Bag Donation. Companies can bring nonperishable food items that they would like to donate to needy families. Literature provided to clients will include information on how to run an “Office Food Drive” and suggestions will be given as to the type of products that are appropriate. Participants can be asked to bring something that is a favorite of theirs, or to bring something that is a regional specialty.

Or, groups can opt out of individual donations and Recipe For Success will arrange for bulk quantities of suitable food donation items to be delivered to the site, and these can be distributed to groups for their donation bags.

Participants will complete 3 challenges to earn the supplies needed to assemble the food bag donation. Teams will need to

earn a reusable tote bag to put the food in, materials to decorate the bag, and the food to place in the bag. The teams will also write a personal letter that will accompany the food bag that will be given to the family that receives it.

Competition Element: Teams will compete in an “Egg Walk Relay” in which ALL participating team members must walk from one side of the room to the other, while holding an egg on a wooden spoon! Fastest time wins!

If possible, staff from the benefiting organization will be on hand to receive the donations and convey thanks and appreciation from the organization.

Benefits:

- Teambuilding
- Charitable donation of food
- Education on hunger and the homeless in America
- A delicious meal!
- Improve team morale
- Good feelings that come from giving to someone in need

Space requirements: We estimate 30sq ft per team. Our approach allows us to come to your favorite hotel, conference center, winery or auditorium, allowing for easy planning.

Suggested audience size: 12-300

Program length: 3 hours